

Mather Avenue Surgery

Autumn 2023



Welcome to Mather News.

Your health is our priority & we look forward to sharing key information with you every quarter.

We are pleased that, despite the challenges of the past few years, Mather Avenue has successfully maintained the ability to offer you 15-minute appointments.



Appointments Not Attended

Whilst we understand sensitive circumstances that can lead to being unable to inform us of not attending an appointment, it is important that those who can, do. From Jan 2023 to date, there have been **808** 'did not attends' and this is not a rate we can sustain.



BE - BREAST – SAVVY
LIVERPOOL ROADSHOW

IS COMING TO YOUR AREA.

CHECK OUT ROADSHOW DATES FOR
OCTOBER & NOVEMBER

(ATTACHED TO NEWSLETTER)



Did you know?

You can save time getting your repeat prescription: You can order your repeat medication with the click of a button on the NHS App.

You can also check if your prescription has been issued.

Get the NHS App



**BOOK YOUR FLU JAB
TODAY!**

**IF YOU ARE ELIGIBLE FOR A
FLU JAB YOU CAN NOW
BOOK YOUR OWN
APPOINTMENT ONLINE.**

**ALTERNATIVELY SPEAK TO
OUR CARE NAVIGATORS TO
BOOK YOU AN
APPOINTMENT.**



WELCOME JULIE!

We now have our
very own in-house
pharmacist.

We all look forward
to working alongside
Julie here at Mather.



STOP TOBER

**STOP SMOKING
AND GOOD
THINGS HAPPEN**

Quit smoking this Stoptober!

When you stop smoking, good things start to happen — you can begin to see almost immediate improvements to your health.

So this October, join the thousands of smokers committing to quitting. Stop smoking for 28 days and you're 5 times more likely to give up for good.

DOWNLOAD THE FREE NHS QUIT SMOKING APP

patches

PATCHS is a new easy way to contact the surgery online
to request a sick note.